## Choosing Wisely at Island Health: Simple steps to support sustainability

Friday, November 17, 2023 8:30AM to 12:30PM

8:30	Welcome and Acknowledgement  Dr Ian Thompson, Executive Medical Director, Medical & Academic Affairs
8:40	The Joy of Less Dr Jessica Otte In the present health care crisis, we face extreme shortages of resources and struggle with ever-increasing volumes of tasks and burdens. It is unsustainable. This session will explore some of the reasons that we find ourselves in this position and how Choosing Wisely can restore joy to our work.
Cho	osing Wisely Canada: What's happening at Island Health and what YOU can do now
9:25	Bloody Numbers  Dr Jennifer Duncan The Island Health blood transfusion experience in the context of provincial demands on Canadian Blood Services
9:55	Using Labs Wisely Gillian Hurwitz, Choosing Wisely Canada, Dr Michael Chen, Jacquie Gregory Overview of the national Using Labs Wisely initiative and update on how Island Health is improving evidence based ordering through order set harmonization and development
10:20	Break
10:40	Drop the pre-op: choosing wisely prior to surgery Dr Lindi Thibodeau The Island Health experience of this perioperative Choosing Wisely Canada initiative
11:00	Reducing antipsychotic prescribing for seniors with dementia in acute care Kathy Norman, Anna MacDonald, Jacquie Gregory, Colleen Inglis A new virtual simulation tool to promote best prescribing practice
	Promoting low carbon high quality care at Island Health and beyond
11:20	Medical Imaging iodinized contrast recycling project Jason Campbell, Dr Jeff Hu
11:40	The Critical Air Project Dr Val Stoynova
12:00	Environmentally sustainable kidney care Dr Caroline Stigant
12:20	Closing and Evaluation Dr Adele Harrison