

# Choosing Wisely and Medical Staff Engagement Survey Results

Choosing Wisely is an international initiative that seeks to advance a dialogue on avoiding unnecessary medical tests, treatments, and procedures. Island Health is working to achieve level 3 designation in the Choosing Wisely Canada *Diving into Overuse in Hospitals* campaign. This 2019/20 Medical Staff Survey was conducted to learn about medical staff involvement and interest in Choosing Wisely and to help understand the relationship of improvement initiatives like Choosing Wisely to overall medical staff engagement.



**65%** of medical staff in Island Health are familiar with Choosing Wisely.



**81%** of medical staff agree that Choosing Wisely can contribute to improvements to health care delivery.



**46%** of medical staff are interested in leading or being involved in Choosing Wisely recommendations.



**80%** of medical staff support medical staff leaders and Island Health in moving forward with Choosing Wisely.

## Diving into Overuse in Hospitals

Choosing Wisely Canada launched the *Diving into Overuse in Hospitals* starter kit in 2019. This resource provides practical advice and guidance for reducing unnecessary tests and treatments in the hospital setting. The campaign calls on all hospitals to join the global Choosing Wisely movement and become a designated hospital, achieving a certificate of completion for a level and national profile.

The campaign consists of three levels of engagement:

- Implement the 5 “Quick wins”
- Implement an additional three Choosing Wisely Canada recommendations through quality improvement methods
- Take organization-wide leadership on overuse and promote culture change

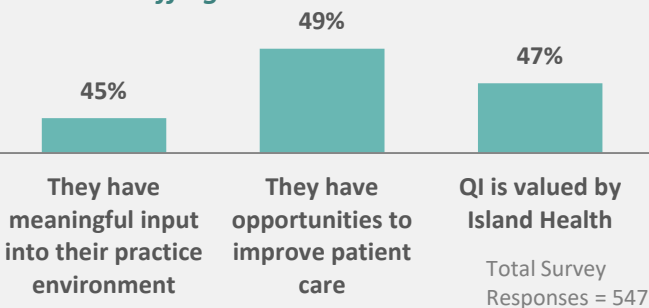
Island Health had already achieved two of the quick wins by eliminating CK testing and folate testing. The following have since been completed:

1. Uncouple PT/INR and aPTT tests and revise ED order panels
2. Remove “daily lab” options from order sets
3. Stop ordering routine chest X-rays in the ICU, except to answer specific clinical questions

Survey respondents identified recommendations of interest, and this information is being used to help define level 2 and 3 Island-wide projects.

The adoption of Choosing Wisely recommendations in Island Health is aimed at improving overall patient care quality, but also at supporting opportunity for medical staff engagement in improvement initiatives.

Medical staff agree that:



For more information about Choosing Wisely:

Review recommendations and resources by specialty at:

[choosingwiselycanada.org/recommendations](https://choosingwiselycanada.org/recommendations)

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