



RURAL CONTINUING MEDICAL EDUCATION (RCME)

HANDBOOK & RESOURCE GUIDE

DEVELOPED BY THE

RCME Community Program *of the*
Rural Coordination Centre of BC

SEPTEMBER 2021

Table of Contents

BACKGROUND..... 3

ACRONYMS 4

RCME COMMUNITY PROGRAM CONTACTS..... 5

INVOICING AND PAYMENTS..... 6

CLINICAL COURSES 8

LEADERSHIP COURSES..... 13

ADDITIONAL RESOURCES 15

ADDITIONAL FUNDING SOURCES..... 16

BACKGROUND

The Joint Standing Committee on Rural Issues (JSC) has changed the way that rural physicians receive funding for individual rural continuing medical education (RCME): rural physicians now receive direct payment for individual RCME. Without carry-over of individual RCME funds, reverted community funds which have been used for collective RCME experiences will eventually be or already are depleted.

After a provincial process of engagement, the JSC has approved the RCME Community Program. Once implemented, RSA communities will receive funding every year to address community RCME needs.

Each RSA community has a number of steps to complete to implement into the new program. One of the steps and discussions during the implementation process is consideration for a defined role for non-physician admin for community RCME support.

This handbook/resource guide has been developed to provide local, multi-community and/or regional administrative staff with the tools and knowledge to support community RCME as well as have a better understanding of RCME processes and functions.

This handbook/resource guide provides physician groups with information on closer to home continuing medical education opportunities and additional resources and funding options.

ACRONYMS

RCME – Rural Continuing Medical Education

CME – Continuing Medical Education

CPD – Continuing Professional Development

JSC – Joint Standing Committee on Rural Issues

UBC RCPD – University of British Columbia Rural Continuing Professional Development

REAP – Rural Education Action Plan

RCCbc – Rural Coordination Centre of British Columbia

ACLS – Advanced Cardiac Life Support

BLS – Basic Life Support

PALS – Pediatric Advanced Life Support

ACORN – Acute Care of At-Risk Newborns

ALARM – Advances in Labour and Risk Management

ATLS – Advanced Trauma Life Support

CARE – Comprehensive Approaches to Rural Emergencies

CASTED – Hands On Orthopedic Course

EDE – Emergency Department Echo (Point of Care Ultrasound Course)

ESCAPE – Enhanced Simulation of Critical Care and Perioperative Emergencies

HOUSE – Hands On Ultrasound Education

PLI – Physician Leadership Institute

POCUS – Point Of Care Ultrasound

SIM – Simulation

RCME COMMUNITY PROGRAM CONTACTS

Heather Gummow, Provincial Manager, RCME Community Program
Rural Coordination Centre of BC (RCCbc)
hgummow@rccbc.ca C: 778-875-3156

Ian Schokking, Physician Lead, RCME Community Program
Rural Coordination Centre of BC (RCCbc)
schokko@shaw.ca

Check out the [RCME Community Program](#) webpage!

Antoinette Picone, Liaison, RCME Community Program, Vancouver Island
Island Health | Rural Coordination Centre of BC (RCCbc)
Antoinette.Picone@viha.ca | Office: 250-370-8425 | Cell: 236.638.1124

Antoinette's role offers assistance to all communities within the region to develop processes, structures and policies to execute community RCME, assist with provincial applications for funding including Rural Education Action Plan (REAP) Bursaries and SPIFI , and is responsible for the regional management of community fund tracking, monitoring and reporting.

CME PARTNERS

Clinical Simulation – Island Health: Centre for Interprofessional Clinical Simulation

The Centre for Interprofessional Clinical Simulation Learning offers a facility for clinical educators, learners and practicing professionals to train in an environment that reflects the health care needs of Victoria and the Island Health region where access, service availability, priority, and cost are important factors.

Further, an interprofessional education model and a team-based, patient-centred care approach are identified as best practices for regions such as ours where long distances between health centres, many remote communities, and a large aging population impact service delivery and quality expectations for a range of health professionals.

Learning sessions are focused on increasingly complex patient needs, changing practice technologies, diverse practise settings and professional specialization.

We are aligned with the provincial model and network defined by the BC Simulation Task Force.

Developed in partnership by Island Health, the University of Victoria and the University of British Columbia Faculty of Medicine, the Centre offers clinical simulation learning sessions customized by local educators and practice professionals to address realities that reflect health care in the Island Health region.

Check out the Island Health website to learn more about [clinical simulation learning](#) on the Island.

Island Medical Program – Physician Education Program

The Physician Education Program (PEP) is an exciting new initiative at the Island Medical Program. The goal of this program is to provide needs-based continuing education and faculty development to Island clinicians.

By utilizing contemporary techniques like simulation, multidisciplinary sessions, and web-based learning, PEP will offer excellent content that is responsive to the needs of Vancouver Island's physicians and allied health professionals.

For any questions about this developing program, please contact physicianeducation@uvic.ca

Neonatal Resuscitation Program (NRP)

For complete information on completing the NRP Program please visit the Island Health intranet NRP page at [Perinatal Clinical Practice Pages - NRP](#) (*please note that a Island Health email and login password is required to access this page)

If you do not have a VIHA email/login please contact Kim Johnson, Administrative Coordinator, VGH (Kim.Johnson@viha.ca) or Desiree Young, Administrative Coordinator, NRGH (Desiree.Young@viha.ca) for more information about the NRP Program, instructor contacts, and upcoming course dates.

RCME COMMUNITY PROGRAM PRINCIPLES

Rural CME activities must meet the criteria and principles put forward by the Joint Standing Committee on Rural Issues to be eligible for reimbursement. General principles are as follows:

- ✓ *Funds are to be used for RSA communities only;*
- ✓ *Funds should be applied in alignment with any priorities set out by the JSC and not in a way that may be contradictory with the priorities of the Health Authority or Ministry of Health;*
- ✓ *Funds should be applied in a way that is community focused and responsive to the needs of physicians. This includes being equitable and accessible across all physicians or groups of physicians (GPs, Specialists, GPs with enhanced skills);*
- ✓ *Community funds may be accessed by groups of physicians to incentivize certain types of education including: building and sustaining regional professional care networks; closer to home CME; community or regional team-based care, etc.;*
- ✓ *Funds may be used to deliver activities involving allied health professionals in their community;*
- ✓ *Funds may be used to compensate physicians for time spent developing and/or planning CME events. **Funds are not to be used to pay physicians for time spent participating in CME events;***
- ✓ *Unused funds can accumulate up to 3 years. After 3 years, unspent funds would continue to remain with the community, and will only be replenished by the program if a plan is produced documenting future spending and goals of the accumulation.*

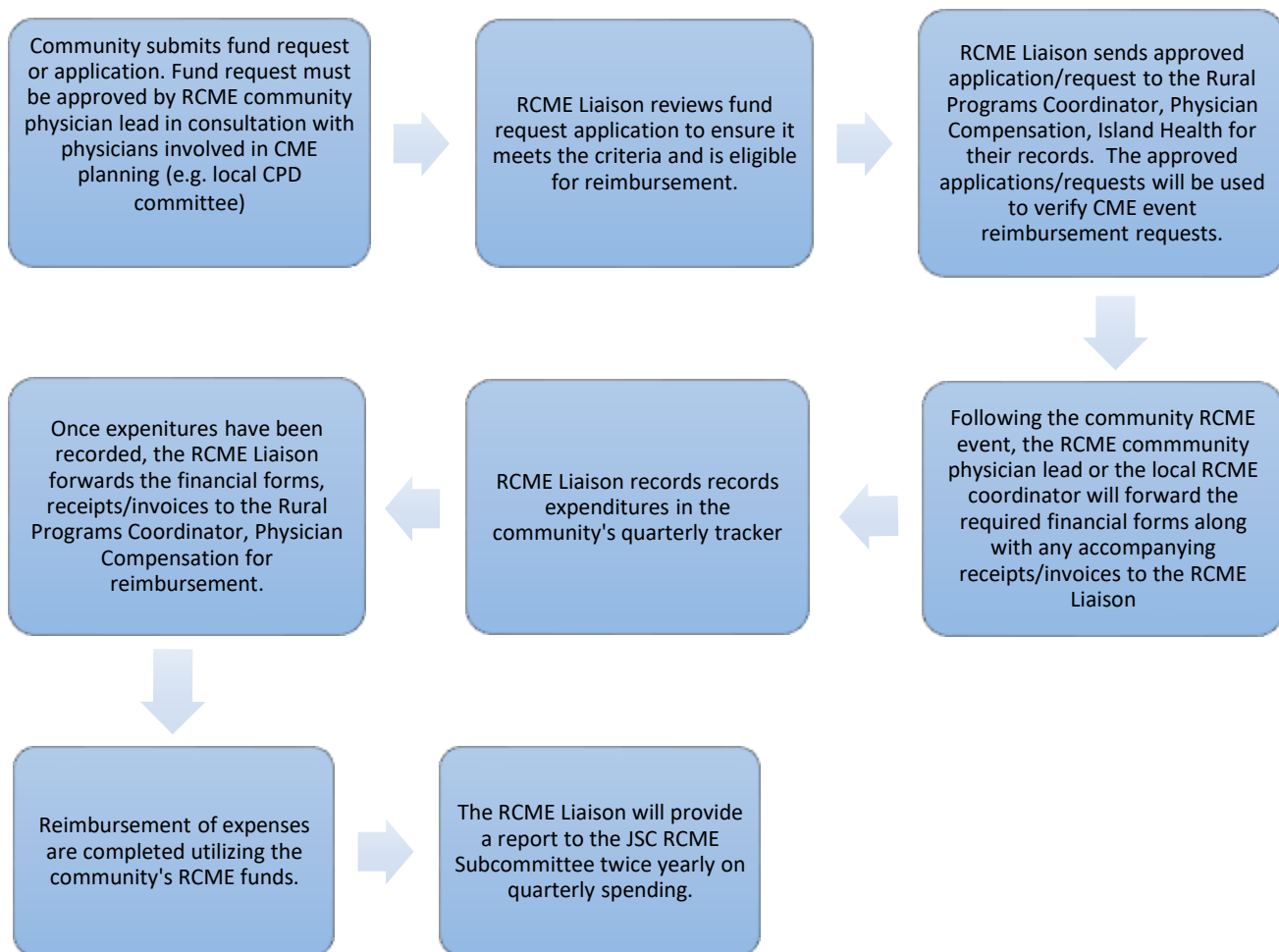
INVOICING AND PAYMENTS

Communities are to select and organize a fundholder who will make funds available as needed and consistent with the local criteria as implemented locally, undertake financial reporting requirements and provide prudent, timely and transparent management of the funds.

Funds may be managed by the health authority or by an existing incorporated, non-profit organization who will act as the fundholders.

Island Health as fundholder

If Island Health is chosen as the RCME community's fundholder, the RCME Liaison, Island Health will facilitate the payment process, track all expenditures and provide reporting as requested:



External Fundholder

An external fundholder will complete all financial processes as outlined in a Memorandum of Understanding with the community and RCCbc, and provide quarterly reporting to the RCME Liaison who will include this information in the bi-annual reporting to the JSC RCME Subcommittee.

CLINICAL COURSES

Course Name and Overview	Course Objectives	Accreditation	Cost	Contact Info.
<p>ACoRN (Acute-Care of at-Risk Newborns)</p> <p>Teaches concepts and basic skills of neonatal stabilization and, where necessary, preparation for transport to a referral facility</p>	<ul style="list-style-type: none"> • Family-centered care, including support for parents and caregivers • Team-based care, promoting an interdisciplinary approach to training and practice • Regionalized care, promoting liaison between referring and referral centres • Regionalized education, promoting an education-learner infrastructure based on existing outreach programs • Evidence-based care firmly based on existing evidence and subject to ongoing peer-review and modification 	8 Mainpro+ credits	\$495.00 per person	
<p>AIME (Airway Interventions & Management in Emergencies)</p> <p>Program highlights can be found on the AIME website</p>	<ul style="list-style-type: none"> • Be more confident and comfortable in making acute care airway management decisions. • Have acquired a practical staged approach to airway management. • Be able to choose the most appropriate method of airway management based on a variety of patient presentations. • Make appropriate choices in the use of pharmacologic agents used to facilitate airway management. • Know when and how to use various tools and adjuncts for managing the difficult airway. 	18 Mainpro+ credits	<p>Guarantee 2 days of 18 different learners each day as a minimum (2 days of 24 learners if needed)</p> <p>Physician Member: \$1145 - \$1245</p> <p>Physician Non-Member \$1500 - \$1600</p>	Gail Chapman, CPD Coordinator Tel. 613.523.3343 gchapman@caep.ca
<p>ALARM (Advances in Labour and Risk Management)</p> <p><i>*Please note that there are currently no in person ALARM courses planned.</i></p> <p>"ALARM Virtual" is an independent online study program that is available for registration. For more information or to register, please click here.</p> <p>For more information visit: SOCG - Education Page - ALARM</p>	<p>Overall objectives:</p> <ul style="list-style-type: none"> • Apply latest best practices for providing care • Promote multidisciplinary care • Engage in respectful teamwork • Communicate effectively with their team, patients and families 	<p>In-person course: 15 hours of MOC Section 3 credits upon completion of the full 2-day course.</p> <p>45 Mainpro+ credits upon completion of the full 2-day ALARM course.</p>	<p>Please see registration fees for cost breakdown</p>	<p>The Society of Obstetricians and Gynaecologists of Canada</p> <p>613-730-4192 or 1-800-561-2416</p> <p>info@sogc.com</p>

Course Name and Overview	Course Objectives	Accreditation	Cost	Contact Info.
<p>ATLS Rural Equivalent: RTTDC (Rural Trauma Team Development Course)</p> <p>The RTTDC emphasizes a team approach to the initial evaluation and resuscitation of the trauma patient at a rural facility. The course assists health care professionals in determining the need to transfer the patient to a higher level of care. The one-day course includes interactive lectures on medical procedures and communication strategies as well as three team-performance scenarios.</p> <p>For details please visit: RTTDC - Course Page</p> <p>A knowledge of ATLS based principles is essential and this course builds on the basics of ATLS</p>	<ul style="list-style-type: none"> • Organize a rural trauma team with defined roles and responsibilities for the members • Prepare a rural facility for the appropriate care of the injured patient • Identify local resources and limitations • Assess and resuscitate a trauma patient • Initiate the transfer process early • Establish a performance improvement process • Encourage effective communication • Define the relationship between the rural trauma facility and the regional trauma system 	<p>7 Mainpro+ C credits</p> <p>3 MOC Section 3 Credits</p>		
<p>CARE (Comprehensive Approaches to Rural Emergencies)</p> <p>The CARE Course</p>	<ul style="list-style-type: none"> • Early recognition of the critically ill patient. • Effective initial and definitive airway management • Judicious/timely use of critical interventions/procedures • Appropriate use of ongoing assessment, monitoring and investigations • Practical preparation and facilitation of safe, timely transfer of patients • Appropriate clinical judgement an decision-making • Effective communication and teamwork in the multidisciplinary setting. • Effective techniques for managing the challenges of emergency care in the rural setting 	<p>51 Mainpro+ Credits</p> <p>The CARE course is approved for 14 educational credits for paramedics by the Emergency Medical Assistans Licensing Board in BC. It also meets the needs and requirements for QA and/or Professional Development Portoflio for registered nurses and NPs (17 hours)</p>	<p>To host a care course or inquire about costs email info@thecarecourse.ca</p>	
<p>CASTED – The “Hands-On” Orthopedic Courses</p> <p>CASTED: Emergency</p> <p>CASTED: Primary Care</p> <p>CASTED: Fracture Clinic</p>	<p>See website links for course objectives for the various CASTED Courses.</p> <p>CASTED Course Comparisons</p>	<p>CASTED: EM 48 Mainpro+ credits Up to 16 MOC Section 1 credits</p>	<p>Contact program coordinator for cost "contact us"</p> <p>416-756-6443</p> <p>Visit CASTED Schedules for upcoming courses</p>	

Course Name and Overview	Course Objectives	Accreditation	Cost	Contact Info.
		CASTED: Primary Care 48 Mainpro+ credits CASTED: # Clinic 17 Mainpro+ credits		
<p>CPoCUS (Canadian Point of Care Ultrasound Society) EDE Courses/Modules:</p> <p>CORE Bootcamp</p> <p>EDE Resuscitation Bootcamp</p> <p>EDE Diagnostic Bootcamp</p> <p>EDE MSK Bootcamp</p>	<p>Bootcamp Program Info: The EDE Bootcamp system is an intense three-day hands-on program that provides the user with directly supervised scanning of over 100 live models. Visual and auditory station timers keep everyone on schedule and maximize probe time. Approximately 10 hours of written and video course materials are completed before the workshop. You are usually working in pairs with one partner scanning while the other documents the scans in a logbook.</p> <p>See website links for course objectives for the various course modules.</p>	<p>Up to 60 CCFP Cert+ credits</p> <p>25 MOC Section 3 credits</p>	<p>Contact EDE - Contact Us for more information and for cost details.</p>	
<p>ESCAPE (Enhanced Simulation of Critical Care and Perioperative Emergencies)</p> <p>Is a one-day, high fidelity simulation program, designed and delivered by family practice anesthesiologists, that focuses on building team dynamics to optimize crisis resource management in the rural perioperative setting.</p> <p>Designed for anesthesiologists, surgeons, nurses and other practitioners who participate in patient care in a rural hospital with surgical services.</p> <p>Website: ESCAPE Course Flyer</p>	<ul style="list-style-type: none"> • Demonstrate effective crisis resource management skills, including communication and team work • Demonstrate an effective approach to and management of intraoperative emergencies and trauma and critical care resuscitation • Treat patients presenting with rare or infrequent and time sensitive health issues • Demonstrate proficiency using crucial equipment and medication • Identify and manager potential system issues 	<p>12.0 Mainpro + credits</p>	<p>Cost based on customizations (contact for details)</p>	<p>For more details visit UBC CPD or email Nicole Moon (nicole.m@ubc.ca)</p>

Course Name and Overview	Course Objectives	Accreditation	Cost	Contact Info.
<p>HOUSE (Hands-On Ultrasound Education)</p> <p>Three courses available: HOUSE EM – minimum of 3 to a maximum of 16 participants required</p> <p>HOUSE OB – minimum 12 participants required</p> <p>HOUSE IM – minimum of 6 participants required</p> <p>HOUSE Course Descriptions</p>	<p>HOUSE program gives rural physicians the training and confidence to integrate point-of-care ultrasound into their practice. It was specifically designed to meet the unique needs of rural physicians.</p> <p>See course description for course outlines.</p>	<p>HOUSE EM 63 Mainpro+ 3 credits per hour</p> <p>HOUSE OB 27 Mainpro+ 3 credits per hour</p> <p>HOUSE IM 7.5 Mainpro+ 1 credit per hour</p>	<p>HOUSE EM \$3,200/physician for 2-day course</p> <p>HOUSE OB Contact for course cost.</p> <p>HOUSE IM Contact for course cost.</p>	<p>For more information or to request a course HOUSE - Contact Us</p> <p>Or email cpd.house@ubc.ca</p>
<p>LEAP (Learning Essential Approach to Palliative Care)</p> <p>Courses include: LEAP Online</p> <p>LEAP Core</p> <p>LEAP Mini</p> <p>LEAP Emergency</p> <p>For all LEAP courses please visit: Pallium Canada - Courses</p>	<p>Learning Essential Approaches to Palliative Care (LEAP) courses provide practical, inter-professional and evidence-based training and tools in the palliative care approach across multiple health care settings and specialty areas</p> <p>Please see course links for detailed course outlines.</p>	<p>LEAP Online 24 Mainpro+ credits 12 MOC Section 1 credits</p> <p>LEAP Core 28 Mainpro+ credits</p> <p>LEAP Mini 16.5 Mainpro + credits 8.25 MOC Section 1 credits</p> <p>LEAP EM 16 Mainpro + credits 7.75 MOC Section 1 credits</p>	<p>For costs, questions, and/or course information, contact Pallium’s support team at Pallium Canada - Contact – live chat available</p> <p>Or email info@pallium.ca</p> <p>Or call directly at 1-833-888-LEAP (5327)</p>	
<p>PoCUS (Point of Care Ultrasound Training)</p> <p>BC PoCUS</p>	<p>Shows, through video, how to perform common point-of-care ultrasound exams.</p> <p>Complimentary to HOUSE course.</p> <p>Videos include</p> <ul style="list-style-type: none"> • Presenting Problems • Organ Systems • Procedures 			<p>Please contact bc.pocus@ubc.ca for more information.</p>
<p>STRUC (Simulated Trauma Resuscitation Update Course)</p> <p>BC EM Network - STRUC</p> <p>A one-day simulation-based course involving the team-based</p>	<p>Principles of crisis resource management and resuscitation management priorities and skills will be highlighted, as well as reviewing latest evidence and clinical practice guidelines, taking into account available resources</p>		<p>For information on registration, please email: cpd@bcemergencynetwork.ca</p>	

Course Name and Overview	Course Objectives	Accreditation	Cost	Contact Info.
<p>resuscitation of critically injured trauma patients.</p> <p>Target audience: Rural EM Physicians, Emergency RN's and RTs involved in the initial management of severe trauma patients.</p>	<p>and regional trauma guidelines. Knowledge of ATLS (Advanced Trauma Life Support) based principles are essential and this course will build on the basics of ATLS.</p>			
<p>TEAM Trauma 2-day course presented by SkillStat - TEAM Trauma</p> <p>The TEAM Trauma course embraces best practices science across all disciplines to offer an integrated approach to trauma care for the non-expert, non-dedicated team faced with trauma resuscitation.</p>	<p>What you'll learn:</p> <ul style="list-style-type: none"> • Fundamental skills • Priority-based frameworks • Flexible agility • Team skills • Situational awareness • Practical tips and pearls 	<p>An optional hands-on and written evaluation is available to earn a certification card.</p>		<p>For more information please contact at Skillstat - Contact Us</p>

LEADERSHIP COURSES

JOULE– Physician Leadership Institute (PLI)

JOULE’s in-house Physician Leadership Institute is led by physician leaders and industry experts. It provides tailored courses to physicians and/or interdisciplinary teams through their [in-house program](#).

[PLI - Course List and Descriptions](#)

Courses are aligned to the national LEADS in a Caring Environment framework. LEADS framework domains

- Lead self
- Engage others
- Achieve results
- Develop coalitions
- Systems transformation

Accreditation: All courses are accredited by the Royal College of Physicians and Surgeons of Canada and the College of Family Physician of Canada.

Cost: Varies. Please contact pli@cma.ca for more information.

* * *

Physician Leadership Certifications:

[Joule - Certification](#)

Physician Leadership Institute (PLI) Certificate:

The PLI Certificate recognizes those physicians that have taken courses to deepen their knowledge of fundamental leadership concepts, theories and skills.

Benefits of the PLI Certificate

- demonstrates that you’ve acquired the knowledge you need to be an effective leader;
- can be an asset as you progress into leadership positions; and
- can act as a stepping stone to CCPE.

The Canadian Certified Physician Executive (CCPE) Credential:

Recognizes and advances physician leadership and excellence through a national, peer-generated, standards-based assessment process.

Although certification is offered exclusively by the Canadian Society of Physician Leaders (CSPL), one way to qualify for the CCPE credential is by completing Joule’s Physician Leadership Institute (PLI) courses.

To learn more about the credential and find out if you qualify, please visit <http://ccpecredential.ca> or e-mail deirdre@physicianleaders.ca.

LEADERSHIP COURSES

SAEGIS

Saegis is a member of the CMPA family, offers in-depth, specialized solutions for physicians and allied health care team, focusing to reduce risk and improve safety.

Saegis - Programs

Accreditation

Varies depending on courses – see [accreditation information by program](#).

Cost

Varies depending on courses

Contact

Available by phone Monday-Friday, 8:30am-4:30pm (ET). If you send us an email, we will respond to you within 2 business days.

Phone: 1.833.435.9979

Email: info@saegissolutions.ca

ADDITIONAL RESOURCES

Practice Readiness Assessment (PRA)

<http://www.prabc.ca/>

International Medical Graduates (IMGs)

<https://www.cpsbc.ca/for-physicians/registration-licensing/applying/imgs>

Society of General Practitioners for BC

<https://sgp.bc.ca/>

Medical Conferences

<https://rccbc.ca/education-and-cmecpd/cmecpd/conferences/>

Royal College

<http://www.royalcollege.ca/rcsite/sim-summit-home-e>

CFPC Events

<https://www.cfpc.ca/UpcomingEvents/>

The Society of Obstetricians and Gynecologists

<https://sogc.org/en/content/events/alarm-courses.aspx?hkey=3733a4f9-530a-4e18-9f39-7b5e4840e47e>

The Canadian Conference on Medical Education

<https://mededconference.ca/>

Canadian Medical Conferences

<https://www.emedevents.com/canada-medical-conferences>

American Academy of Pediatrics

<https://www.aplsonline.com/>

SkillStat Courses

<https://www.skillstat.com/skillstat-courses>

EDE Courses

<https://edecourse.com/>

UBC-CPD Close to Home Courses

<https://ubccpd.ca/rural/closer-to-home>

UBC-CPD

<https://ubccpd.ca/courses>

ADDITIONAL FUNDING SOURCES

(over and above the community's annual allocation)

REAP – Rural Education Action Plan

REAP supports the training needs of physicians in rural practice, provides undergraduate medical students and postgraduate residents with rural practice experience, and increases rural physician participation into the medical school selection process.

There are several REAP programs which support the continuing medical education needs and teaching activities of rural physicians in British Columbia:

- New Rural Physician CME Program
- Rural Locum CME Program
- San'yas Indigenous Cultural Safety Training
- Advanced Skills and Training Program
- Rural Leadership Development Project
- Closer to Home CME Program
- Undergraduate Teaching Stipend

To learn more about these programs, contact the REAP Senior Program Assistant reapphysicians@familymed.ubc.ca or by phone at 604-827-1504.

SPIFI – Specialist, Sub-Specialist, Indigenous and Funding for Innovation

The RCME Community Program makes funding available to eligible RSA communities for community RCME planning, development and delivery. The design phase for the program identified specialists, family physicians with sub-specialties and indigenous communities require additional assistance and supports to:

- Focus on RCME that cannot be addressed locally due to the lack of other relevant learners;
- Increase the capacity to deliver health care services to Indigenous communities, through collective learning initiatives; and
- Support innovative delivery of, and approaches to community RCME.

To learn more about this program and eligibility, please contact Heather Gummow hgummow@rccbc.ca or by phone at 778-875-3156.