

# 3

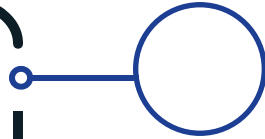
## Steps To Improving Care for Trans Patients



TRANS CARE BC  
Provincial Health Services Authority

Below are Trans Care BC online learning courses designed for primary care providers in BC to increase knowledge about transgender health and develop the skills to provide gender-affirming care. All trainings are online and free.

Here are steps primary care providers and other health professionals can take:



### Step 1: Exploring Gender Diversity Foundational Module

This 60 minute introductory training explores:

- Key terms and concepts related to gender diversity
- Barriers to care that gender diverse people commonly face
- Strategies for creating accessible and affirming services

Register [HERE](#).



### Step 2: UBC CPD Gender-Affirming Primary Care 1.5 Mainpro+ learning credits

This 60-90 minute medical education course reviews trans health issues and considerations for care. Providers will gain the knowledge and skills to improve the care of trans patients, including how to:

- Effectively utilize common terminology when discussing gender and gender-related care
- Identify common health disparities and implications for care
- Take an effective patient history using appropriate language
- Utilize clinical practice resources and connect patients to gender-affirming resources and support

Register [HERE](#).



### Step 3: UBC CPD Advanced Gender-Affirming Primary Care 3.0 Mainpro+ learning credits

This 3-hour, live medical education training (offered in two 90 minute webinars) builds upon the skills taught in **Step 2** and covers more advanced topics. Providers will be able to:

- Initiate (hormone readiness assessment) and manage ongoing hormone therapy
- Assist patients to access and prepare for gender-affirming surgeries
- Provide health screening for patients who have undergone gender-affirming hormone therapy and/or surgery

Email [Trans.edu@phsa.ca](mailto:Trans.edu@phsa.ca) to register.