

# COVID-19 Remote Patient Monitoring at Island Health

## COVID-19 Virtual Monitoring

### Program

**Public Health** monitors remotely or contacts patients by phone daily

### Referral Process

**No referral process:** patients enrolled with positive COVID test or exposure as determined by Case and Contact Tracing

### Target Patients

**All COVID-19 Case and Contact patients**

### Monitoring Purpose

**Case and Contact surveillance** as required by BCCDC. Temperature is only biometric monitored.

### Primary Care Communication

Patients with concerning symptoms referred to Intensive Home Monitoring and asked to see PCP. Monitoring data available in PowerChart.

### Discharge Criteria

Quarantine or isolation period completed and or remains asymptomatic.

## Intensive Home Monitoring

### Program

**Community Health** provides monitoring and phone support multiple times daily

### Referral Process

**Community Health Referral Process:** fax or phone Community Access

### Target Patients

**Vulnerable adults with COVID-19 symptoms**

### Monitoring Purpose

**Symptom monitoring and support,** including oxygen saturation and temperature

### Primary Care Communication

Nurses communicate to PCP on admission, discharge and any clinically significant concerns. Monitoring data available in PowerChart.

### Discharge Criteria

Primary Care Provider and monitoring nurse determine patient have recovered enough to be discharged.

Public Health refers vulnerable adults with symptoms to Intensive Home Monitoring