

# PHYSICIAN PSYCHOLOGICAL SAFETY 2022 WEBINAR SERIES

Please join Dr. Mamta Gautam, MD, MBA, FRCPC, CPDC, CCPE, CPE psychiatrist at The Ottawa Hospital, in a series of five virtual psychological safety webinars aimed at promoting psychological safety in health care teams.

- 1 Bullying in Healthcare** - May 31 @ 5:30-6:30pm
- 2 Owning Your Mistakes** - June 21 @ 5:30-6:30pm
- 3 Reaching out to Colleagues in Distress** - September 27 @ 5:30-6:30pm
- 4 Giving and Receiving Effective Feedback** - October 25 @ 5:30-6:30pm
- 5 Achieving Equity, Diversity, and Inclusion** - November 22 @ 5:30-6:30pm

To register for the series or individual sessions please RSVP to [advocacy@doctorsofbc.ca](mailto:advocacy@doctorsofbc.ca)

*This project is funded by the Island Memorandum of Agreement (MOA) Physician Physical/Psychological Safety Working Group.*

**Mamta Gautam, MD, MBA, FRCPC, CPDC, CCPE, CPE** is an internationally renowned psychiatrist, consultant, certified coach, author and speaker. Focused on Professional Health and Well-being since 1990, she is a trailblazer in this field and is known as the “The Doctor’s Doctor”. In the past 2 decades, she has expanded her work to include Leadership Development to better address system-level factors that impact the wellness of healthcare workers. She has created podcasts and videos on these topics, and authored articles, book chapters, and 2 international best-selling books. She brings this knowledge and expertise to PEAK MD, through which she delivers keynote presentations and workshops, consults to healthcare organizations and coaches senior medical leaders internationally.

Dr. Gautam is committed to advancing diversity in medicine, and facilitates leadership development for women in medicine. She has developed and co-leads Momentum, a 6-day retreat for women in medicine; and recently founded The Raft, an accredited online platform for leadership development, peer support and community for women physicians.

She is the recipient of numerous prestigious awards for her innovative work to support and mentor her healthcare colleagues, and has been awarded Distinguished Fellowships in both the Canadian and American Psychiatric Associations.



The University of British Columbia Division of Continuing Professional Development (UBC CPD) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide study credits for continuing medical education for physicians. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and has been approved by UBC CPD for up to **5.0 MOC Section 1** Group Learning credits (1.0 per session). This program meets the certification criteria of the College of Family Physicians of Canada and has been certified by UBC CPD for up to **5.0 Mainpro+ Group** Learning credits (per session). Each physician should claim only those credits accrued through participation in the activity.

**CFPC Session IDs:** 197391-001 to 197391-005.

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