

Good News Stories . . .

Welcome to Island Health's MHSU Update!

This communication is intended to connect Island Health staff and share developments and achievements across the MHSU portfolio.

Highlights

- New Service Enhancements for EPI
- MHSU Community Service Award Winner Speaks Out on Stigma
- Mental Health Act Project Team Rolls Out Quick Guides
- New Quality Clinical Network Segment

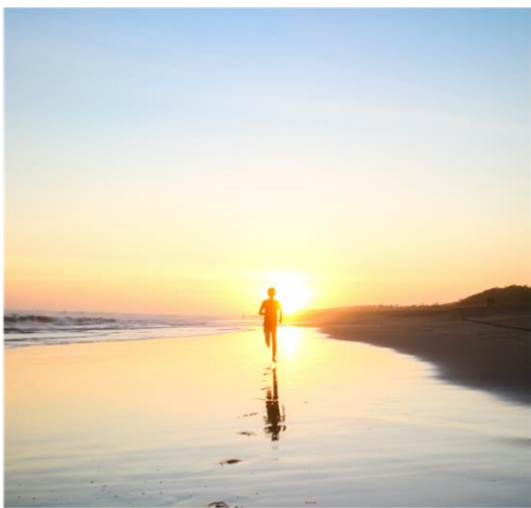
New Service Enhancements for EPI

Early Psychosis Intervention is an evidence-based approach that provides early recognition and intervention to young people between the ages of 13–35 experiencing a decline in function related to early psychosis.

[EPI](#) at Island Health has been busy recruiting new team members to help facilitate their program's recently introduced service enhancements. These include additional staff to provide family work; new team structures and staffing to support EPI clients' educational and employment goals; and an awareness-initiative aimed at addressing the stigma of psychosis through a series of community presentations to partners in schools, colleges, and universities.

Early intervention significantly increases the likelihood of better recovery outcomes, so let's help the 3% of the population who experiences psychosis by providing individualized services through a recovery-oriented lens.

Make sure to check out EPI's brand new Instagram account [@EPI_Victoria!](#)



Mental Health & Substance Use Update: May 2022

Mental Health Act Quick Guides

To support staff and physicians in completing the required *Mental Health Act* forms, the Island Health MHA project team has developed [MHA Form Completion Quick Guides](#) to use in practice!

This first version of the guides cover the forms associated with psychiatric involuntary treatment for adults (16+) and include timelines, a glossary of terms, tips and information on form completion, Director/Delegation checks, and samples of the forms. The quick guides are available on the Intranet on the [Mental Health Act webpage](#) and can be used by all staff and physicians who are responsible for filling out and/or reviewing MHA forms. Go take a peek!

Quick Guide Sample

1st Form 4 Medical Certificate (Involuntary Admission)	Why is the form completed	When does the form need to be completed	Where does the form get completed	Who completes the form
1st Form 4 Medical Certificate (Involuntary Admission) <i>Note: Form 4 is also used for involuntary patients under the age of 16 if NOT admitted by their parent/guardian</i>	Patient meets all 4 criteria for involuntary admission. Allows the person to be held for up to 48 hours	In community, up to 14 days before physical admission to designated facility or Upon physical admission to a designated facility or A change from voluntary to involuntary treatment	Designated or non-designated facility, Health care office, or In any setting following a clinical assessment	Physicians fully licensed to practice within BC. <i>Note: Medical Residents cannot complete Form 4s</i>
2nd Form 4 Medical Certificate (Involuntary Admission)	Patient continues to meet all 4 criteria for involuntary admission and requires ongoing psychiatric treatment; Continues involuntary admission for up to one calendar month	Within 48 hours of involuntary admission	In a designated facility	Must be completed by a different physician who is fully licensed to practice within BC <i>Note: Medical Residents and NPs cannot complete Form 4s</i>

Community Award Winner Champions Awareness

On May 3rd Cam Webster, a Peer Support Worker for Island Health's EPI program, received this year's [MHSU Community Service Award](#)!

Cam's journey has been nothing short of inspirational. In 2014 he was diagnosed with psychosis and schizoaffective disorder. After committing countless hours to his own rehabilitation and educating himself on mental illness, Cam's spent the last six years speaking out—in both high schools and universities—against the stigma of mental illness.

In 2020 Telus sponsored a documentary team to make a short film on Cam's recovery. [Follow My Brain](#) is an inspiring story of one young man's courage, determination, and resilience and has been shown at mental health conferences around the world—truly creating hope for a society free from stigma.

"I met Cam just over a year ago when he was hired as a Peer Support Worker," says Cam's Team Lead, Jody Simpson. "Cam immediately made a positive impact in the program and is a wonderful example of hope for the clients he works with. As a team we feel incredibly lucky to have Cam."

Cam is a recent graduate of the Mental Health and Addictions Support Worker Program at Camosun College. Way to go Cam!



Do you have a good news story to share? Did something exciting happen in your community or program? A team member to highlight? Reach out to Paul Voll (paul.voll@islandhealth.ca) to share!

QUESTIONS AND COMMENTS

The MHSU Leadership continues to encourage physician and staff engagement in generating transformational practices in our workplace. Please send questions or comments to Monica Flexhaug, Director, Special Projects (Monica.Flexhaug@islandhealth.ca)





M is for May & Moving forward on Accreditation!

May is the start of spring—an apt symbol for the accreditation process!

As noted in the April *Update*, the MHSU Community Program Accreditation Survey is scheduled for November 2022, followed by the MHSU Acute and Tertiary Accreditation Survey in November 2023.

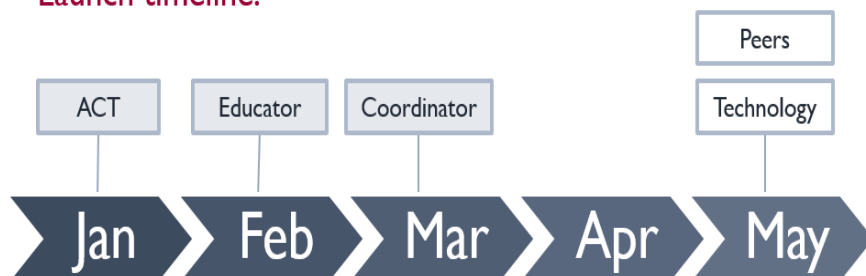
While accreditation preparation is largely team-directed, the Strategic Clinical Network - Quality Clinical Network has recruited two Accreditation Leads to support MHSU Community-based teams in preparing for a smooth November 2022 Accreditation Survey. Working closely to ensure an integrated approach, Myra Gansner (top) will focus on the Central and North Island and Lily Shayegi-Nick (bottom) on the South Island.

MHSU community teams are encouraged to visit the revamped [Accreditation](#) intranet page to familiarize themselves with the [Get Started!](#) tools and resources. Accreditation provides a great opportunity to embed continuous quality improvement and celebrate everyone's ongoing commitment to excellence!



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Launch timeline:



Clinical Network Launch—Island Health Employed Peers May 27, 2022

We are excited to announce the first meeting of the Peer Clinical Network launched May 27th!

If you work in the MHSU program and have the word “peer” in your job title and would like to join us for the next meeting, please speak with your leader!

Launch of Phase 1: MHSU Technology Clinical Network; iHealth Subject Matter Experts (SME)!

On May 9th the first phase of the Technology Clinical Network launched in partnership with the QCN and the MHSU informatics team!

This first phase is focussed on bringing together SME to inform changes to iHealth, a key technology enabler for MHSU services. Staff from across MHSU practice areas, representing a wide variety of professional designations, participated in our first meeting. This meeting included a presentation on the unique structure of the SME group—with accountability to both MHSU best practice standards and the iHealth project governance structure.

Future phases of this network will include focussed work on other MHSU technology enablers.

If you are interested in learning more or becoming SME, please connect with your leader!

Everything You Wanted to Know About Clinical Networks (CNs)

Facilitated by a QCN staff member, CNs bring together MHSU professionals with a variety of experience and expertise. CNs have three functions:

- To identify and inform quality initiatives, service monitoring & evaluation, and practice standards.
- Support knowledge exchange.
- Create a community of practice through a standardized and transparent process.

The CNs have a reciprocal relationship with MHSU Quality Council (QC)—both informing and being informed by QC work.

Who attends CNs?



MHSU team members are invited to relevant networks and come from all practice areas and geographic regions. Ultimately, CNs are intended to help the people who work in our services by supporting practice expertise, regional networking, and learning opportunities

What happens at a CN meeting?



Typical meetings are held once per month for one hour in a virtual setting. Agenda items reflect the priorities of the CN members and the QC. For example, members often contribute expertise to the community of practice, share and learn about creative local approaches, develop practice guidance documents, and consider regional practice standardization.

CN meetings are an opportunity to address the practice items that are most crucial to you, the network, your colleagues in practice, and the people we serve!

Contact/Questions Regarding Clinical Networks:

MHSUQCNInitiativeLeads@islandhealth.ca

