

*Island Health*

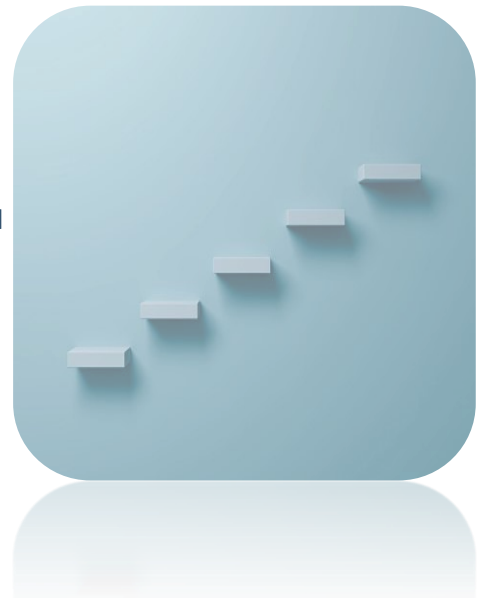
# MENTAL HEALTH & SUBSTANCE USE UPDATE



## Victoria Outpatients Addictions Treatment Shifts Care Model

**O**utpatients Addictions Treatment (OAT) in Victoria is shifting to a stepped care model of service to optimize the program's access and reduce wait time for clients. Given the program's current, disproportionate staff to client ratio, the Triage Team will now waitlist clients to either group or individual counselling rather than both simultaneously. The aim is to enhance the triage process to offer group counselling to clients first and consider individual counselling to those who are unable to engage in the group process.

The shift to a stepped model of care will improve access to OAT services, decrease wait times for those seeking services, increase partnerships with community counselling agencies, and boost staff morale through an elevated quality and frequency of care approach.



## Pride Month

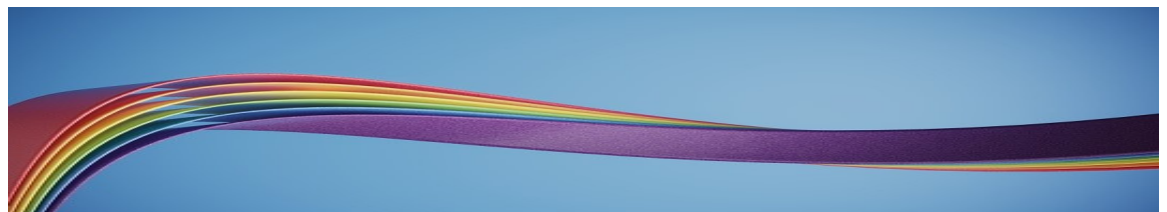
**P**ride is a celebration and a time to acknowledge the on-going challenges and discrimination faced by people in 2SLGBTQ+ communities. During Pride month we had an opportunity to take action for change. Check out the ways in which you can take part on an ongoing basis.

**Learn:** Walk the [2LGBTQ+ Learning Pathway](#)

**Events:** search the [Vancouver Island Queer Resource Collective website](#) for local events happening in your area.

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## Tertiary Child and Youth Mental Health Redesign

Following the approval for development on a new Child and Youth Mental Health Crisis Stabilization Unit at the Victoria General Hospital, the Child, Youth, & Family Mental Health and Substance Use (CYFMHSU) program has seized the opportunity to undertake a redesign of the Tertiary Child and Youth mental health system of care.

Along with collaboration from physicians, staff, stakeholders, youth and families, the Tertiary Child and Youth Mental Health redesign will be informed by the Child Health BC Tiers of Service Review completed in 2019.

To kick-start collaborative efforts, a Child and Youth Tertiary Mental Health Planning Day will take place on Thursday, July 7<sup>th</sup> at Bear Mountain

Resort. The event is an opportunity for key internal stakeholders to come together to reflect on the project's vision and brainstorm with participants on the redesigned system's aims and objectives.

Over the coming months the Child and Youth Tertiary Mental Health project team will be seeking input on how the program can best achieve its objectives, and want to hear from you about ways in which the new system can be more accessible, effective, efficient and equitable.



For more information on the project check out the [Child and Youth Tertiary Mental Health Redesign FAQ's](#)

***“Child and Youth Tertiary Mental Health Planning Day will take place on Thursday, July 7<sup>th</sup> at Bear Mountain Resort.”***

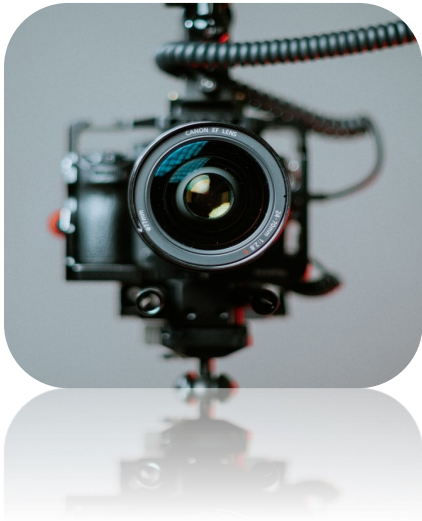
## Indigenous History Month

June was National Indigenous History Month - an opportunity to recognize the rich history, heritage, resilience and diversity of First Nations, Inuit, and Métis Peoples locally and across Canada.

Find a wealth of resources about origins, traditional ways, forced population movements, residential schools, reconciliation and so much more at the [Indigenous Peoples Atlas of Canada website](#).



## Call to Help!



**P**art of MHSU's staff recruitment campaign will be creating a library of first-person video interviews that tell positive stories about working in MHSU.

But the key ingredient to tie this project together is finding a wide range of frontline MHSU staff and leaders from across the Island that are willing to participate.

So, if you are passionate about the positive impact that you and your team make and would like to be a part of telling these stories, please contact [paul.voll@islandhealth.ca](mailto:paul.voll@islandhealth.ca).

## Mental Health Act “Certified” Stamps

**A** reminder that the “Certified True Copy of Original” stamps for authenticating MHA forms are continuing to be distributed via inter office mail to units at CRG that receive involuntary admissions.

When MHA forms are completed for receiving, transferring, or releasing patients, the stamp verifies that the form is a true copy of the original.

These measures will standardize the work and provide a method for tracking involuntary admissions of our patients.

Please contact [Susan.Kukuruzovic@viha.ca](mailto:Susan.Kukuruzovic@viha.ca) if you have any questions or suggestions on the MHA documentation process.



Do you have a good news story in MHSU to share? Did something exciting happen in your community or program? A team member to highlight? Reach out to Paul Voll ([paul.voll@islandhealth.ca](mailto:paul.voll@islandhealth.ca)) to share!

# STRATEGIC CLINICAL NETWORK

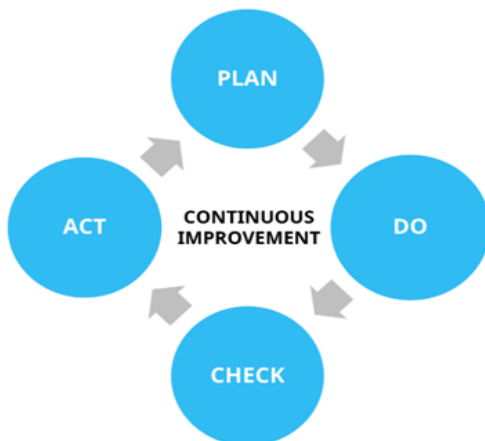


## QUALITY CLINICAL NETWORK



### Accreditation

**J**une is a time for planting and nurturing seedlings in freshly tilled soil. But before planting, it helps to consider what worked well in the past to integrate the learning and improve outcomes. Similarly, Accreditation standards guide quality improvement processes and health outcomes. Using the standards as guides, teams can integrate learning and improvement into every day practice. Therefore, the “award” of Accreditation is achieved through the continuous commitment of striving towards this quality framework.



MHSU Accreditation Leads, Lily Shayeghi-Nick and Myra Gansner, have kicked off MHSU Accreditation preparation. They are gathering resources, planning, and connecting with key contacts to support community-based programs in preparing for the surveyor visits in November 2022. Consequently, June is a good time for each program area to complete the self assessment at: [Accreditation Toolkit \(islandhealth.ca\)](#). The survey asks such things as:

- ◆ How are your services aligned with Community Based Mental Health Service Standards?
- ◆ What strengths do you want to see more of and celebrated?
- ◆ What are some areas for improvement?
- ◆ Do you have a process for planning improvements?

- ◆ Access the [Island Health Accreditation Intranet](#) to get started on your improvement journey.
- ◆ [Subscribe to receive Accreditation](#) news.
- ◆ Register for [Accreditation Essentials Webinars \(islandhealth.ca\)](#) — first one: July 7, 1-2 PM
- ◆ Reach out for dedicated MHSU specific accreditation support: [MHSU.Accreditation@islandhealth.ca](mailto:MHSU.Accreditation@islandhealth.ca).

## STRATEGIC CLINICAL NETWORK – QUALITY CLINICAL NETWORK

### Education

The MHSU Practice Support Team is happy to announce new online education modules to support the excellent work happening across the program. On June 3, 2022 the team launched the following modules:

- ◆ Medication and Mental Illness: An Overview
- ◆ An Introduction to Basic Counselling in MHSU
- ◆ An Introduction to Island Health's Trauma Informed Practice



In addition to these offerings, the team has added links to two other courses on LMS:

- ◆ Mental Health 101
- ◆ Mental Status Exam

All of these offerings are available on the intra-net page for [Clinical Practice Supports \(islandhealth.ca\)](https://islandhealth.ca/ClinicalPracticeSupports).

Virtual courses coming soon (available after August 1, 2022):

- ◆ Substance Use Foundations
- ◆ Boundaries and Professional Practice

If staff have additional ideas about topics which may be of interest or would like to provide feedback on any of the modules, please contact the Practice Support Team at [mhus.pst@islandhealth.ca](mailto:mhus.pst@islandhealth.ca)

Contact/Questions Regarding Clinical Networks:  
[MHSUQCNIInitiativeLeads@islandhealth.ca](mailto:MHSUQCNIInitiativeLeads@islandhealth.ca)

