

MENTAL HEALTH & SUBSTANCE USE UPDATE



Ryan Hill Supportive Housing Expansion — One Year In

In the spring of 2021, Island Health signed a lease with BC Housing to expand the Ryan Hill Supportive Housing (RSHS) psychosocial rehabilitation program in Courtenay from one floor to the entire building.

To support expansion at RSHS, Nicole Shaw joined the program in November 2021 as LPN Team Lead; and in early 2022, a second MHW was added to help enable group programming such as a brunch club, gardening club, SMART Recovery, AA/NA panel meetings, mindfulness, and on-site food bank deliveries.

Eager to provide an innovative approach for its tenants, the RSHS facility is proud to offer

Island Health’s first approved tenant-support-animal, and has also collaborated with extended family to allow over-night child visits.



“Sprint” Team Underway

Earlier this summer, the ‘Sprint’ team, tasked by CEO Kathy MacNeil, was assembled to advance targeted initiatives addressing improved access to MHSU services, an accelerated response to the toxic drug crisis, and more Indigenous led initiatives. The majority of the initial deliverables in the Sprint are already underway in collaboration with Operational Leads, and many initiatives are health authority-wide with some priorities for CI/NI still being finalized. An Intranet site is being set up to provide ongoing information on this work.—this should be up and running early fall. If you have questions, email Jacqueline.mackinnon@islandhealth.ca.

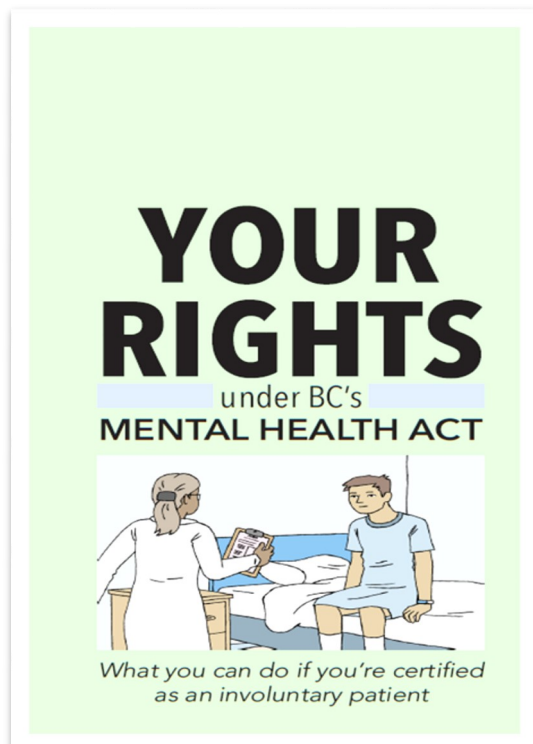
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Admission Forms Package: Latest MHA Practice Support Tool Released

The *Mental Health Act Admission Forms Package* is now available through Printing Services. This package includes all of the forms that are required to be completed within the first 24 hours of an admission under the MHA (Form 4, 5, 13, 15 & 16).

The package also includes a colored version of the "Know Your Rights Under BC's Mental Health Act" Brochure, which we are required to provide to all patients who are receiving involuntary psychiatric treatment.



The printing requisition and a pdf file of the packages can be found on the MHA web page: [Mental Health Act \(islandhealth.ca\)](http://islandhealth.ca)

The package also comes with an easy-to-follow [checklist](#) to guide you through the process. If you are unsure of how to fill out these forms, please refer to the MHA Practice Support Tools that are available [here](#).

This is the latest practice support tool that has been released to support our acute care physicians and staff with setting up involuntary admissions. Other MHA practice support tools that have recently been released include:

- ◆ [MHA Quick Guides](#)
- ◆ [MHA Timelines](#)
- ◆ [MHA Checklist](#)

These practice tools have been developed to support an updated understanding of the MHA and provincial requirements. All of these most current resources are available through the [Mental Health Act intranet site](#).

STRATEGIC CLINICAL NETWORK



QUALITY CLINICAL NETWORK

Clinical Practice Supports Update



1) Island Health was invited by First Nations Health to join safeTALK's Training for Trainers event! Island Health MHSU now has five new provisional trainers and will be able to offer even more safeTALK courses. Please register on the [Learning Management System](#) for the next scheduled session dates planned for this fall:

- Nanaimo - October 11
- Comox - October 19
- Victoria - November 17

2) The Practice Support Team has been continuously updating the [Orientation Passport](#) and is hard at work adding education modules to the MHSU Clinical Practice Supports Intranet [page](#). Recent module additions include:

- Substance Use 101
- Boundaries
- Family Engagement

*These offerings are available online and in high demand! Please speak with your leader for approval before beginning courses during work hours.

3) We are fortunate to have been offered a total of 48 seats in the CCMI Motivational Interviewing (MI) Foundations courses!

Twenty-four staff will be starting this three month online course in September 2022, with twenty-four more seats available in January 2023. To express interest, please speak with your leader, and register by emailing MHSU.PST@islandhealth.ca. September is full and a waitlist is being taken.

In addition, MHSU will be offering training to ten staff to become MI and Brief Action Planning trainers so we can continue to have the internal capacity to grow our skills. If you are interested in becoming a trainer, please connect with Jess McConnell Manager, MHSU SCN jess.mcconell@islandhealth.ca.

SUPPORT



STRATEGIC CLINICAL NETWORK – QUALITY CLINICAL NETWORK

Accreditation

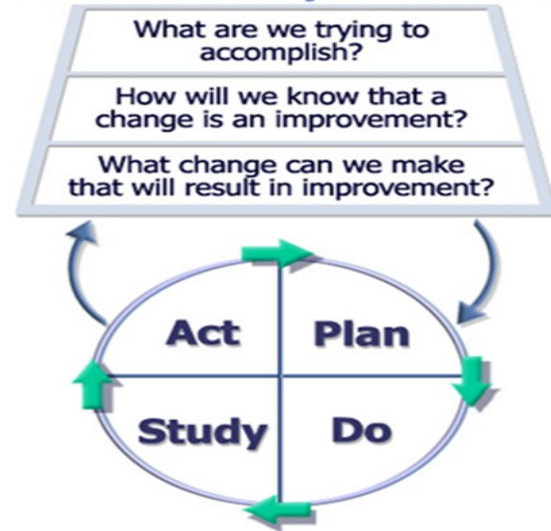
In preparation for the November 2022 Accreditation survey, Island Health’s Community-Based Mental Health and Substance Use Services continue to complete self-assessments for maintaining quality of patient-care initiatives (**quality assurance**) and identifying areas of improvement (**quality improvement**). While successes and strengths are celebrated, an ongoing focus on quality will help identify target areas and strategies for improvement.

When gaps are recognized, teams are encouraged to come together, brainstorm possible solutions, and carry out planned actions to achieve improvement.



This follows a simple, yet effective model from the [Institute for HealthCare Improvement](#) which involves asking questions and creating a cycle to test and guide change (See image top right).

Model for Improvement



Planning the change can be a **fun and interactive team building activity** that defines:

- The scope of change/improvement
- Team members’ roles
- Actions to take
- Resources to be used
- The timeline
- Data collection for evaluation

If you have any questions/concerns in your Accreditation preparation please contact:

MHSU.Accreditation@islandhealth.ca.

To access updated resources and Accreditation content, please visit [Island health Accreditation](#).