

Harm Reduction Newsletter

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Preventing Death



Ask Peer Project Coordinator



Prolonged Sedation
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Expanding Text
Alerts



Did you know sternal rubs are no longer a recommended part of an opioid poisoning response? Find updates, like stimulating by squeezing fingertips, on the revised **S.A.V.E. M.E. Steps** published by the BC Centre for Disease Control.

The BC Centre for Disease
Control released a report in
January showing opioid
prescribing was associated with a
61% lower rate of death. Learn
more about the risk mitigation
prescribing opioids provides
here.



Should we be worried about diversion of safer supply? Why don't we stop public consumption of drugs?

These are examples of questions you might want to ask **Beth**, Peer Project Coordinator, to hear her perspective.

Ask Me Anything

Ask Peer Project
Coordinator



Prolonged Sedation Resources

With sedatives in the unregulated drug supply, prolonged sedation is becoming more common. The BC Centre for Disease Control created this infographic and handout to support decision-making and to learn more about responding to prolonged sedation.

Have you ever seen a Drug Poisoning and Overdose Advisory issued for you area?

Did you know that community reports of drug poisonings are considered when issuing advisories?

Subscribers to the Toxic Drug and Health Alerts can text "OD" to 253787 to anonymously submit information about a drug poisoning event, informing the local Health Authority of this information. Read more about this initiative <u>here</u>.

