

Harm Reduction Newsletter

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Anything*

Ask Peer Project
Coordinator



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The team is pleased to introduce [Jenna Patterson](#), who joins Tracey Thompson in supporting the **South Island** as a Harm Reduction Coordinator. Jenna brings a wealth of harm reduction experience. She has worked in front line and leadership positions. Welcome Jenna!!

Here is a resource to support people who have lost a loved one to substance use (such as alcohol, opioids, or other drugs). [“Gone too Soon: Navigating Grief and Loss as a Result of Substance Use”](#) is a handbook to help people during this difficult time.



Grief and Loss
Support

In this edition I'm doing something different. I want to highlight the importance of being kind, compassionate & understanding. In this current landscape people who use substances are stigmatized more than ever. It takes very little effort to say hello & smile. A smile goes such a long way.

See the impact in this [video](#).
Email [Beth](#), Peer Project Coordinator

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Check out Toward the Heart's [Site Finder](#), where you can find Take Home Naloxone, Harm Reduction Supplies, Overdose Prevention sites and Drug Checking services in your community.



Clinical Update

Island Health now offers [Injectable Opioid Agonist Treatment \(iOAT\)](#) continuation in hospital settings for patients who are receiving iOAT in community. Diamorphine (Diacetylmorphine or DAM) and HYDROMORPHONE (HM) are evidence-based iOAT medications for individuals diagnosed with opioid use disorder (OUD).

Practice resources: Visit the iOAT intranet page for practice supports. The [Addiction Medicine Consult Service \(AMCU\)](#) is your key support in the moment.

For more information, email Courtney.Amoraal@islandhealth.ca or AMSU@islandhealth.ca