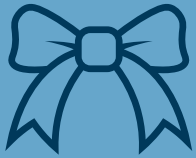


Harm Reduction Newsletter

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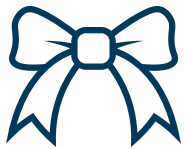
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International Overdose Awareness Day

International Overdose Awareness Day is on August 31st. This year's theme, "Together We Can," underscores the transformative power of unity in the face of this overwhelming challenge. Our team will host two events. Please join us. RJH PCC-Tuesday August 27th 10:30-1:00 VGH Cafeteria-Thursday August 29th 10:30-1:00

More events are being hosted in communities across the Island on August 31st.

Risk Mitigation Guidance was introduced in British Columbia in March 2020, to support healthcare providers in prescribing select medications, including opioids and stimulants, to people at risk of overdose and withdrawal.

Read here to learn more on how prescribing opioids to people with opioid use disorder can reduce death rates by up to 61%.



New Research

Island Health has recognized three Nanaimo youth for their efforts to promote harm reduction awareness and training at their school, Learning Alternatives. They have been honored with our Youth Harm Reduction Award.



Youth Harm Reduction Award



Updated Naloxone Course BCCDC

The BCCDC Naloxone course has been updated. You can click here to go directly to a self-paced Naloxone 101 course that you can take online right now or anytime that's convenient for you.



MHSU Service Link

Service Link (1-888-885-8824) is a toll-free information line that assists individuals with accessing mental health and substance use services across the Island Health region. Staffed by experienced Addiction & Recovery Workers, Service Link operates daily from 8:30 AM to 4:30 PM. Order resource cards to share with your networks by contacting decriminalization@islandhealth.ca.



Toxic Drug Health Alerts

Have you ever seen a Drug Poisoning and Overdose Advisory issued for your area? Did you know that community reports of drug poisonings are considered when issuing advisories? Subscribers to the Toxic Drug and Health Alerts can text "OD" to 253787 to anonymously submit information about a drug poisoning event, informing the local Health Authority of this information.