# C**\***VID-19 Vaccine boosters & 3<sup>rd</sup> doses



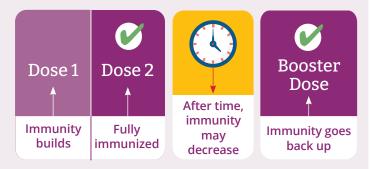


While booster doses and 3rd doses for COVID-19 may seem similar, they actually have very different purposes.

### Booster dose

#### A booster dose is given as immunity may decrease over time.

A booster dose helps you maintain and lengthen your protection against COVID-19.



For people who received the Janssen vaccine, only 1 dose is needed to be fully immunized.

# Who is a booster dose for? Everyone 12 years and older will

be invited to get a booster dose, 6 months after their 2<sup>nd</sup> dose. If you are pregnant or got the Janssen vaccine, you will be invited 2 months after your 2<sup>nd</sup> dose.

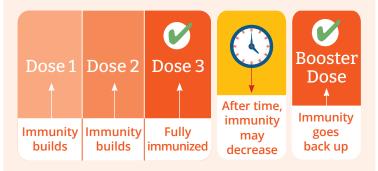


# Which vaccine is recommended for a booster dose?

- You will be offered an mRNA vaccine, either Moderna or Pfizer.
- There is no need for your booster to be the same brand as your previous vaccines.
- Getting an mRNA vaccine booster is highly effective and safe, even if you received AstraZeneca or Janssen vaccine for a previous dose.

#### 3<sup>rd</sup> dose

Some people, like people with compromised immune systems, need 3 doses to achieve the level of protection that most people get with 2 doses.



For people with compromised immune systems who received the Janssen vaccine, 2 doses are needed to be fully immunized.

#### Who is a 3<sup>rd</sup> dose for?

A 3<sup>rd</sup> dose is recommended for people with **moderate to severely compromised immune systems** such as those receiving dialysis or active cancer treatment.

See the full list on the **BCCDC website** or speak to a medical care provider.



# Which vaccine is recommended for a 3rd dose?

- The Moderna vaccine is recommended for a 3<sup>rd</sup> dose as it helps develop a slightly stronger immune response in people with compromised immune systems.
- If Moderna is not available, the Pfizer vaccine also provides an effective increase in immunity.
- There is no need for your 3<sup>rd</sup> dose to be the same brand as your previous vaccines.

# What you need to know

You will be notified when you are eligible for your booster or 3<sup>rd</sup> dose. Make sure you are registered in the **Get Vaccinated** system online or by calling **1-833-838-2323**.

Your invitation to get vaccinated will say whether you are getting a booster or 3<sup>rd</sup> dose.

- It is important to get all the recommended doses, including booster doses, to have the best protection against COVID-19, especially severe disease.
- At this time, there is no requirement to get a booster or 3<sup>rd</sup> dose to be considered fully vaccinated for the B.C. Vaccine Card.

To learn more, visit:

gov.bc.ca/gov/content/covid-19/ vaccine/booster

bccdc.ca/health-info/diseasesconditions/covid-19/covid-19-vaccine

Or call **8-1-1**.