



## Eye Protection Selection Fit Tool



- Eye protection must be well fitting and cover the front and sides of the face.
  - When deciding which eye protection to use, consider how it will fit in combination with any other personal protective equipment (PPE) or prescription glasses that may need to be worn.
- Regular eyeglasses are not sufficient to protect from all splashes or droplet spray.

Only use eye protection which is certified by the Canadian Standards Association (CSA) or American National Standards Institute (ANSI) and/or approved by your health authority. If you need prescription safety eye protection, refer to the prescription eye protection selection requirements.

When choosing eye protection, look for options that provide the most eye coverage and have minimal gaps between the eye protection and your eyes. Use this tool to review eye protection options and ensure that the selected item provides the required protection with respect to fit.

*Note: You should secure your hair away from all types of eye protection. Eye protection should be used as per the manufacturer's instructions or your health authority's PPE procedures without alteration. Inspect all of your PPE to confirm it is in good condition prior to use.*

### 1. Full Face Shield



1. Face shield should extend below your chin.



2. Ensure there are minimal gaps between the edges of the eye protection and your face.



3. Face shield should be worn directly across your forehead.



Do not have the face shield extend away from your face.

## 2. Safety Goggles



1. Goggles need to cover from your eyebrow to at least your cheekbone.



2. Goggles should provide coverage from your mid-temple to your nose.



3. Adjust the strap on top so goggles fit snug against your forehead.

## 3. Combination of Medical Mask with Attached Visor



1. Your medical mask should fit over your nose and the visor should extend beyond your eyebrow.



2. There should be minimal gaps between the top of the visor and your forehead.



Ensure the mask is not slipping down from your nose. Do not have the visor point away from your face, which would leave a larger gap above your eyes.

## 4. Safety Glasses



1. Safety glasses should provide coverage from your eyebrows to at least your cheekbone.



2. Safety glasses should cover your mid-temple to your nose.



3. Ensure there are no gaps between the safety glasses and top of your forehead. The glasses should not slide forward when bending.



Ensure glasses do not slip down from your nose when you look down, which would leave a larger gap above your eyes.

