

Acute Care Adult In-Patient Precautions, Activities & Restrictions

Patient Risk Category	Able to leave hospital room to:					When leaving hospital room, patient must:						Notes	
	Go to medical tests and procedures	Ambulate on the unit	Ambulate or get fresh air outside the building on facility grounds*	Visit with people outside of the building on the facility grounds*	Visit common or public areas (e.g., lounges, coffee shops, cafeterias, etc.)	Be medically stable enough and be able to follow direction and ambulate independently**	Perform hand hygiene (when leaving and when they return)	Follow physical distancing and respiratory etiquette	Ensure clothing is clean and all bodily fluids are contained	Change into a clean gown or put on a clean robe/house-coat	Wear a mask at all times		
Low Patient Risk													
Asymptomatic with no known exposure to COVID-19 and not on Additional Precautions	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✗	<ul style="list-style-type: none"> Staff wears mask as per Island Health directive for direct patient care. Perform a Point of Care Risk Assessment and use Routine Practices
Recovered COVID-19 positive patients (who meet criteria)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✗	
Medium Patient Risk – Non COVID-19 Related													
Patient on Droplet/Contact Precautions (not suspect COVID-19)	✓	✓	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	<ul style="list-style-type: none"> Staff wears mask as per Island Health directive for direct patient care. Use Additional Precautions until criteria to discontinue is met: <ul style="list-style-type: none"> Discontinuing Additional Precautions for Admitted Adults
Patient on Contact Precautions	✓	✓	✓	✓	✗	✓	✓	✓	✓	✓	✗	✗	
Patient on Droplet/Contact Precautions with potentially infectious diarrhea or vomiting (not suspect COVID-19)	✓	Only if symptoms under control. Must not use public washrooms.		✗	✗	✓	✓	✓	✓	✓	See above categories.		
Medium Patient Risk													
COVID-19 symptoms with negative test result (On Droplet/Contact Precautions)	✓	Only if no uncontrolled diarrhea or vomiting.			✗	✓	✓	✓	✓	✓	✓	✓	<ul style="list-style-type: none"> Staff wears mask as per Island Health directive for direct patient care. Use Additional Precautions until criteria to discontinue is met: <ul style="list-style-type: none"> Interim – Discontinuing Additional Precautions is Suspect and Confirmed COVID-19 Patients Discontinuing Additional Precautions for Admitted Adults <p>If high suspicion of COVID-19 and first NP swab is negative, collection of another specimen as per BCCDC and Island Health guidelines may be considered. Treat as “COVID-19 symptoms awaiting results” until further results known.</p>
Asymptomatic patients with known COVID-19 exposure or ordered to self-isolate by Public Health or Canadian Border Services	✓	✓	✓	✗	✗	✓	✓	✓	✓	✓	✓	✓	
High Patient Risk													
Confirmed COVID-19 positive	✓	✗	✗	✗	✗	Must be accompanied	✓	✓	✓	✓	✓	✓	<ul style="list-style-type: none"> For suspect or confirmed COVID-19: <ul style="list-style-type: none"> Requires Droplet/Contact precautions until criteria to discontinue is met HCWs must adhere to PPE Required During COVID-19 Pandemic See AGMPs and PPE Requirements document regarding N95 mask use and patient placement. If possible, patient should have a private room and separate bathroom. Communicate ahead of time to the transferring service and receiving unit that the patient is suspected or confirmed COVID-19. Where 2 person transfer is not available, accompanying HCW to wipe down touched surfaces with disinfectant (e.g., elevator buttons) Airborne Precautions requires N95 mask and a private room (negative pressure where possible). If ambulation outside of room necessary as part of care plan, consult with IPAC.
COVID-19 symptoms and known exposure (test neg. or not done)	✓	✗	✗	✗	✗		✓	✓	✓	✓	✓	✓	
Patient on Airborne Precautions (COVID or non-COVID related)	✓	✗	✗	✗	✗		✓	✓	✓	✓	✓	✓	