

# MEDICAL IMAGING DURING THE COVID-19 PANDEMIC

## You can help our health care system respond to COVID-19

Right now our system is prioritizing its resources to ensure care providers can respond to the pandemic. This involves ensuring chest CTs and X-rays are available when needed most.

Chest CTs and X-rays do not help to diagnose COVID-19 for patients with a recent onset of symptoms but our care providers are receiving requests to conduct them. These tests are only necessary to evaluate patients who have tested positive for COVID-19 and show signs of complications,<sup>1</sup> and there are guidelines that help care providers know if a test is necessary.

### WHAT CAN YOU DO?

The most important things you can do to take care of your health are:



Stay home and stay away from others



Wash your hands regularly



Avoid touching your face

### STAY INFORMED

- If you think you have COVID-19, check the [BC Centre for Disease Control's website](#) for a list of common symptoms and what you should do next.
- You can also use the [BC COVID-19 Self-Assessment Tool](#) available on the BCCDC website, to determine if you need further assessment or testing. If you still have questions after completing the self-assessment, contact your care provider or call 8-1-1.
- Things are changing quickly as we learn more about COVID-19 and how to treat the virus. We will update this post if best practice recommendations change.

<sup>1</sup>Canadian Association of Radiologists. Canadian Society of Thoracic Radiology and Canadian Association of Radiologists' statement on COVID-19 [Internet public statement]. Ottawa Canada; March 16, 2020. Available from: <https://bit.ly/3aiQj8c>