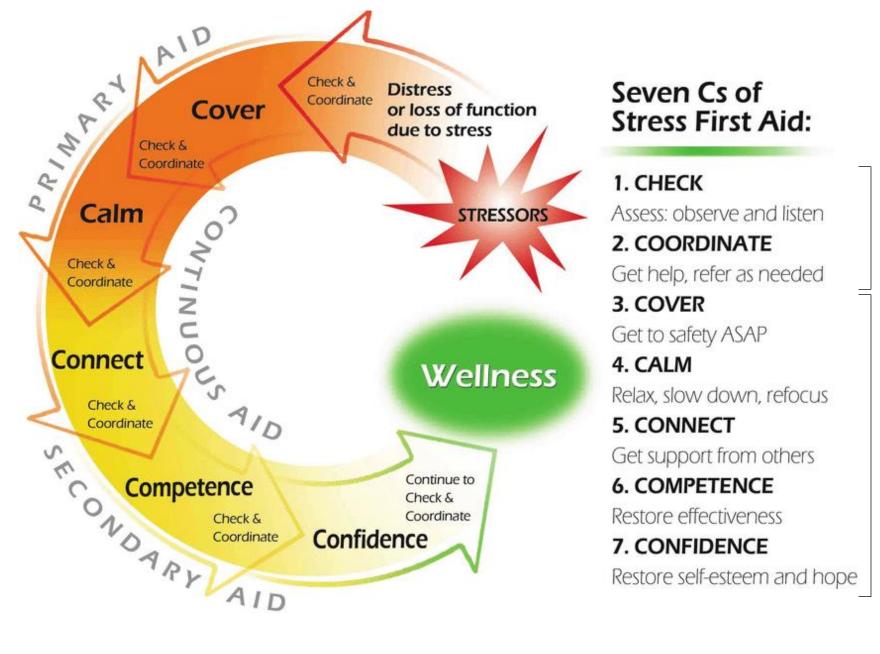
7 C's of Stress First Aid



Always

As Needed