

Island Health

MENTAL HEALTH AND SUBSTANCE USE UPDATE



Complex Care Outreach Team Completes SafeTalk Training

The Complex Care Outreach Team (CCOT) completed SafeTALK training in Victoria on September 25th.

Staff participants learned how to identify people who might be considering suicide, engage with those in distress, and connect them to appropriate support and interventions.

The training was run by MHSU Practice Support Team (PST) educators Brent Clayton and Pam Halonen, if you or your team is interested in attending a SafeTALK training in your area, please register on the LMS. or email the PST at MHSU.PST@islandhealth.ca.

Updates Summary

MHSU Acute Accreditation
Update

Art Wellness Studio & Clinic

Welcome to the team Mary
Morrison!

Abstract Accepted For
Conference Presentation





Art Wellness Studios & Clinic

The Art Wellness Studios & Clinic (AWSC) delivers art therapy services designed to facilitate participants' exploration of diverse art-making techniques, fostering expanded modes of self-expression and promoting the development of wellness self-management skills. AWSC supports participants by promoting a sense of self-confidence, empowerment, individuality, self-direction, hope, and motivation. The group environment provides participants with opportunities for structured meaningful activity and the use of creativity to support emotional self-regulation. The group is facilitated by qualified art therapists who maintain safety and provide support.

Referrals are accepted from Island Health professionals such as psychiatrists, case managers, NP's, mental health clinicians, etc. Referrals can be sent to awsc@islandhealth.ca using the referral form our clinic administration staff provides via the same email address.

Tuesdays & Fridays 10:00am–1:00pm, Eric Martin Pavilion

MHSU Acute Care Accreditation Update

- The MHSU Acute Team met 140/142 criteria with meds reconciliation at care transitions being an identified area of improvement.
- This exemplary score and positive feedback are well deserved recognition of the MHSU Acute Care Team's dedication to excellent patient care and ongoing quality improvement.
- Congratulations to our all of our team members on this achievement, and thank you for the work that you do each day that lead to such a success.



Welcome to the team Mary Morrison!

We are pleased to welcome Mary Morrison into the Clinical Services Director, MHSU South Island Community position. Mary began her career with Island Health in 2018 and brings 14 years of leadership in mental health and substance use operations and management across a variety of settings; acute, tertiary, emergency and community. Mary likes to spend her spare time enjoying the many beautiful natural spaces and places on Vancouver Island with her family, as well as planning adventures to warm and sunny places.

TEAM HIGHLIGHT: ABSTRACT ACCEPTED FOR CONFERENCE PRESENTATION

The RJH team's abstract, "Development of a unique advisory committee for mental health service improvement" has been selected for a poster presentation at the 2024 Putting Patients First conference.

The Promoting Improvements in Psychiatry Emergency Services (PIPES) is a collaborative forum that unites People with Lived and Living Experience (PWLLE), community service representatives, and leadership, meeting bi-monthly to discuss improvements in acute mental health services, in a safe and supportive environment.

The conference is held November 14th 2024 in Vancouver, and seeks to advance community learning to improve health and health research eco systems, bringing together leaders in health research communities. Several members of the PIPES advisory committee will be attending the conference in person through a bursary from the BC Support Unit



Have good news you want to share with the MHSU team? Send your submissions to isabella.harmel@islandhealth.ca for inclusion in the next monthly update!