

A new **Medicine General Adult Admission Order Set** was activated at Nanaimo Regional General Hospital on October 1, 2020.

A key difference on this order set was the removal of hydromorphone.



Data collected over six months following the activation of the order set **shows a substantial and sustained drop in hydromorphone orders** when compared to baseline data.

**Hydromorphone orders at NRGH dropped from being amongst the highest at Island Health to within mean, showing a ~7% reduction!**



To keep the momentum going and to celebrate this significant result, those involved are pursuing further study and diving deeper into the impacts of this change on patient care.

These promising results have gained the attention of Choosing Wisely at Island Health as this quality improvement is considered on our path to **Becoming a Choosing Wisely Hospital.**



## Small Changes, Big Impacts! Order Set Revision Inspires Quality Improvement Project

Early findings at Nanaimo Regional General Hospital highlight opportunity for an island-wide Choosing Wisely quality improvement project on opioid ordering.

How do you Choose Wisely? Join in the conversation today by sharing your experiences on the [Choosing Wisely at Island Health Community of Practice](#)! Want to learn more about Choosing Wisely at Island Health? [Visit the Medical Staff Website!](#)