

Ordering Fractice

\*The following has been adapted from Dr. M. Sholzberg, University Health Network, Toronto

**PT/INR** Prothrombin Time International Normalized Ratio

**aPTT** Activated Partial Thromboplastin Time

**TT** Thrombin Time



90% of information available to a physician with regard to risk of bleeding disorder and hemorrhage is from a thorough clinical / family bleeding history.

The <u>ISTH-SSC Bleeding Assessment Tool</u> is simple and very useful in this regard

https://bleedingscore.certe.nl



Coagulation testing should NOT be used as a screening test as results will not, in the absence of a significant personal or family bleeding history, predict bleeding risk. Coagulation testing should be used as <u>diagnostic tests</u> in the context of the clinical bleeding history.

Always consider severe thrombocytopenia and acquired (e.g. medication) or congenital platelet dysfunction in patients with suspected bleeding disorder or severe hemorrhage

## **Consider PT/INR if:**

- ✓ On Warfarin therapy and level is clinically relevant
- ✓ On Rivaroxaban and anti-Xa assay is not available and is clinically relevant
- ✓ To assess synthetic status in the setting of severe liver dysfunction (Fibrinogen may also be helpful)
- ✓ Patient at risk for vitamin K deficiency (malnutrition, cholestasis, prolonged or new antibiotics)

#### **Consider aPTT if:**

- ✓ Unfractionated Heparin therapy
- ✓ Suspected Anti-phospholipid antibody syndrome (Lupus Inhibitor)

# Consider both PT/INR and aPTT if:

- ✓ Suspected congenital bleeding disorder (von Willerand's Disease, Hemophilia Factor VIII, IX or XI deficiency)
- ✓ Suspected acquired bleeding disorder (DIC, severe liver failure, acquired hemophilia)
- ✓ Hemorrhaging patient and blood products potentially needed



# Always consider severe thrombocytopenia and acquired (e.g. medication) or congenital platelet dysfunction in patients with suspected bleeding disorder or severe hemorrhage

#### Do not order coagulation testing:

- As routine blood work
- As routine pre-op screening in absence of personal or family bleeding history
- O As monitoring of Dabigatran, Rivaroxaban, Apixaban
- As monitoring of Low Molecular Heparin therapy
- As monitoring of thromboprophylaxis (eg. UFH 5000 IU BID)



Coagulation testing for anticoagulation agents		
Warfarin	PT / INR	
Unfractionated Heparin	аРТТ	
Argatroban	аРТТ	
LMWH	Anti-Xa (drug specific assay)*	
Dabigatran	Thrombin Time (TT)	
Rivaroxaban	Anti-Xa (drug specific assay)* also an elevated PT/INR may provide a rough indication of the presence of anticoagulation effect	
Apixaban	Anti-Xa (drug specific assay)*	

<sup>\*</sup>available at RJH Special Hematology Lab through consultation with hematopathologist on-call

# **Direct Oral Anticoagulant (DOACs) Lab testing**

PT/INR and aPTT are not indicated and are not accurate for routine monitoring

#### **DOAC** testing options:

Dabigatran	
Normal Thrombin Time (TT)	Anticoagulant effect is ABSENT
Elevated Thrombin Time (TT)	Anticoagulant effect is PRESENT

#### Drug specific anti-Xa assay is most accurate

(available through consultation with Hematopatholoist on-call)

Apixaban / Rivaroxaban		
PT / INR	Normal	Rivaroxaban Anticoagulation effect is unlikely
	Apixaban Does not exclude anticoagulation effect	
	Abnormal	Suggests anticoagulation effect for both



### Lab testing with DOAC's may be indicated when:

- Urgent or emergent surgical or invasive interventions required
- Significant bleeding complication
- Suspected overdose
- Extreme body weight
- Potential drug interactions
- Renal (Dabigatran) or liver dysfunction (Apixaban/Rivaroxaban)
  with potential drug accumulation