

South Island COVID-19 Screening Clinic

Return to emergency if you have trouble breathing, are unable to drink fluids, or if your illness is getting worse



You have been referred to the South Island COVID-19 Screening Clinic. Please call 250-388-2200 and press one. Staff will determine if you require a screening test.

Please do not attend the clinic without an appointment.

After your test, please call the BC Centre for Disease Control for your results. 1-833-707-2792 (Monday to Friday, 8:30am to 4:30pm).

If there is a positive result, Public Health Communicable Disease staff will follow-up with you.

HOW TO ISOLATE YOURSELF

Stay home

- Remain in your home except to get urgent medical care.
- Do not go to work, school, or public areas (e.g. places of worship, stores, shopping malls, and restaurants).
- Cancel non-urgent appointments.
- Do not use public transportation or taxis.

Notify health care facilities before you visit

- Call ahead before visiting a health-care facility, and advise them that you have or are being tested for novel coronavirus.
- Remind health-care providers when you arrive. This will help health care facilities to take steps to keep other people from becoming infected.

Monitor your symptoms

- Return to emergency if you have trouble breathing, are unable to drink fluids, or if your illness is getting worse.
- Notify health-care facilities and health-care providers (e.g. emergency departments, ambulance paramedics, doctor's offices) before you visit.

Wear a face mask

- Wear a face mask when you visit a health care facility.
- If your mask gets wet or dirty, change it.
- Face masks are available at the entrance to health-care buildings. N95 respirator masks are not required.

Separate from household members

- If you have a mask, use it in shared spaces or maintain a two metre distance from household members.
- Stay and sleep in a well-ventilated room separate from other people.
- Use a separate bathroom if available.
- Household members should stay in another home or place of residence if possible, especially if they have compromised immune systems or chronic health conditions.
- Restrict visitors until you recover and confirm you are not infected with coronavirus.
- Avoid sharing household items such as dishes, cups, eating utensils, towels, bedding, or other items. After using these items, wash them thoroughly with soap and water.

Maintain good hygiene

- Cover your mouth and nose with a tissue or into your sleeve when you cough or sneeze. Throw used tissues into a lined trash can in your room before disposal. Immediately wash your hands.
- Wash your hands often and thoroughly with soap and water for at least 20 seconds. Use disposable paper towels when possible. For more information search for 'hand washing' at healthlinkbc.ca.
- Flush toilet with the lid down – the virus may also be present in stool.
- Clean and disinfect frequently touched surfaces once per day with regular household disinfectant containing one part bleach to nine parts water.

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