

Wellness Today for a Better Tomorrow

November 22nd, 2019

Victoria, B.C.

Oak Bay Beach Hotel



Workshop 8:30 – 4:30
Networking Social 4:30 – 6:00

Medical leaders and emerging medical leaders are invited to participate in the upcoming *Wellness Today for a Better Tomorrow* medical leadership workshop and networking event. Attendees of this accredited workshop will learn more about the **costs of burnout** and what makes **medical staff more susceptible, healthier mind sets, promoting wellness** in health care teams, and systems **G.R.O.S.S** (getting rid of the stupid stuff). Attendees will also learn individual, team and system strategies for a **better tomorrow**.

This workshop was developed by medical staff for medical staff and we look forward to seeing you there.

To reserve your seat, please email:

Tara.Holmes@viha.ca or MedStaffDevelopment@viha.ca

Medical Staff
Engagement &
Development

